



HELLENIC REPUBLIC  
MINISTRY OF DEVELOPMENT  
AND INVESTMENTS

GENERAL SECRETARIAT FOR RESEARCH & TECHNOLOGY



NATIONAL CENTRE FOR  
SCIENTIFIC RESEARCH "DEMOKRITOS"

P.O. BOX 60037 | 15310 AGIA PARASKEVI • GREECE | TEL: 0030 210 650 3000 | [www.demokritos.gr](http://www.demokritos.gr)

## INSTITUTE OF INFORMATICS AND TELECOMMUNICATIONS



### International Multiplier Event Agenda

"Seniors Go Digital: Active Aging and Information & Communication Technologies (ICTs)"

Wednesday 19 February 2020

Small Room of the N.C.S.R. "Demokritos" Congress Auditorium

Hours	Speaker	Title of Speech
17:30 - 18:00		Registration
18:00 - 18:10	Athanasios Drigas (GR)	Welcome Short Presentation of N.C.S.R. "Demokritos"
18:10 - 18:30	Athanasios Drigas (GR)	Nutrition and other Factors for Healthy and Active Aging
18:30 - 18:45	Yolanda Salapata (GR)	Dental, Physical and Brain Health and Laser for Senior Citizens
18:45 - 19:00	Zoe Karabatzaki (GR)	Accessibility for Senior Citizens with Motor Disabilities
19:00 - 19:15	Anders Danielsson Lans (SE)	Results of the Erasmus+ Project "Seniors Go Digital: Promoting Inclusive Strategies for Disadvantaged Seniors"
19:15 - 19:30	Yannis Papagerasimou (GR)	e-Learning & e-Assessment Platform of the "Seniors Go Digital" Project
19:30 - 19:45	Athos Charalambides (CY)	Active Aging and Inclusion of Senior Citizens in the Digital Era
19:45 - 19:50	Phlios Christodoulou (CY)	Retrospection of the Educational Activities of the "Seniors Go Digital" project in Cyprus
19:50 - 19:55	Vasil Stoyanov & Emiliya Despodska (BG)	Retrospection of the Educational Activities of the "Seniors Go Digital" project in Bulgaria
19:55 - 20:00	Claudio Rossi & Cesare Gambini (IT)	Retrospection of the Educational Activities of the "Seniors Go Digital" project in Italy
20:00 - 20:05	Maggie Nilsson & Kristina Pennlov (SE)	Retrospection of the Educational Activities of the "Seniors Go Digital" project in Sweden
20:05 - 20:20		Questions - Discussion
20:20 - 21:05		Light Buffet



Co-funded by the  
Erasmus+ Programme  
of the European Union

This project has been funded with support from the European Commission. This publication [communication] reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein. Submission Number: 2017-1-SE01-KA204-034538